

Doxycycline PEP Information Sheet



When should I take doxycycline PEP?

- Two 100 mg pills of doxycycline should be taken ideally within 24 hours but no later than 72 hours after condomless sex. Condomless sex means oral, anal or vaginal/front hole sex where a condom isn't used for the entire time.

What about when I have sex again?

- If you have sex again within 24 hours of taking doxycycline, take another dose 24 hours after your last dose. You can take doxycycline as often as every day when you are having condomless sex but don't take more than 200 mg (two 100 mg pills) every 24 hours.



How should I take doxycycline PEP?

- Take doxycycline with plenty of water or something else to drink so that it does not get stuck when you swallow. If your stomach is upset by doxycycline, taking with food may help.
- Some people are more sensitive to the sun when they take doxycycline, so wear sunscreen.
- Please do not share doxycycline with others.
- Avoid dairy products, calcium, antacides or multivitamins within 2 hours before or after doxy



Reminders

- Let your provider know if you run out of doxycycline, if you are having any side effects, and if you think you may have a sexually transmitted infection (STIs)
- Doxy-PEP reduces the risk of syphilis, gonorrhea and chlamydia but these infections can still happen. You should continue to be tested at regular intervals and if you have symptoms
- Doxy-PEP doesn't protect against MPX (monkeypox), HIV, or other viral infections